

COVID-19 Health and Safety Protocols and Liability Release Waiver

Health and Safety Protocols

As we continue to navigate these uncertain times, we remain committed to the health and safety of our dancers, families and staff. Below are the protocols we will have in place for our re-opening in Phase 3. We have carefully designed these protocols following the recommendation and regulations provided by the Ontario Government and Ontario Public Health officials. For a full list of resources and references, please see the final page of this document. If you have any questions or concerns we encourage you to bring them to our attention so that we can ensure the well-being of all our CEDA families. Thank you for your care and attention in this important matter. We look forward to the safe return of our dancers!

Entering & Exiting the Studio

- All students will be asked to enter and exit the studio at staggered times (one dancer through the door at a time). There will be social distancing stickers marked on the side walk of the building where each dancer will line up and enter accordingly. In addition, the door will be propped open to minimize surface contact (30 minutes prior to and after classes).
- We ask that **only dancers** enter the studio unless as a **parent/guardian** you have a **scheduled meeting** with a staff member, to minimize the number of people in the building.
 - We further ask that any parents entering for meetings etc, be **wearing a mask** (the studio has masks on hand at the front entrance)
 - For the first few weeks of **recreational fall classes**, a staff member will be set up outside of the building to answer questions
 - For **recreational parents/guardians** wishing to take payments etc indoors, the staff member at our outdoor desk will be assigning staggered parent entry one at a time
 - Our **younger dancers** will be escorted into the studio by staff members to ensure they feel comfortable and safe

- All dancers will be assigned a 'Cubby Space' upon entrance. When dancers enter the building, they will head to this assigned space to place their belongings (dance bag, water, shoes etc). These areas will be spread out throughout the building leaving an appropriate amount of space between each spot (2 meters minimum).

Social Distancing Within the Studio

- Both Studio A & Studio B will be marked with tape and divided into individual squares. Dancers will be assigned a space to ensure social distancing throughout the class. Classes will be capped at a maximum of 15 dancers.
- When switching studios is necessary, Studio A dancers will proceed up the front staircase, and Studio B dancers will proceed down the back staircase. Teachers will be ensuring this all happens while remaining socially distanced.
- **Younger dancers** will be escorted by a staff member out of the building after class ends to their parent/guardian.
- For dancers with breaks between classes, designated break areas will be marked off. Dancers will be required to remain in a 'break' space during this time and are not permitted to share any devices (cell phones, games) or any food/beverages.
- Contactless and socially distanced instruction will be implemented in all classes where possible. Classes requiring contact such as acrobatics, and competitive group rehearsals, will be designed to limit as much contact as possible.
- For **competitive dancers**, once it is time to start rehearsals / any new choreography, we will be staggering sessions for large groups/lines to minimize the amount of dancers in the studio at a time (ie. dividing the group into smaller cleaning/choreography sessions). The cap on dancers in one studio at a time will be a maximum of 15 dancers.

Enhanced Cleaning Protocols

- All surfaces such as the stair railing, tables, chairs, door knobs, counters, bathrooms, and change room benches will be disinfected in between each class.
- We will be limiting the use of all props, yoga blocks, barres etc, when not necessary, and disinfecting after each use when necessary.
- There will be a staff member disinfecting all 'Cubby' and break spaces in-between classes, as well as disinfecting the bathroom after individual use.

Health & Safety

- We will require anyone entering the building to use the **sanitizing station** in the front lobby. We will also be providing sanitizer throughout the building and require dancers to use these stations in-between each class.
 - We have hung signs in our bathroom provided by the World Health Organization as a reminder for effective hand washing. All teachers will further be addressing with students the effectiveness of hand washing as well as practicing respiratory hygiene.
 - **We ask that you refrain from entering the studio if any of the following apply to yourself, your dancer, or close family members:**
 1. **Experiencing any cold or flu like symptoms**
 2. **Have travelled out of country (please self isolate for 14 days before re-entering)**
 3. **Have been in contact with any suspected or confirmed cases of COVID-19**
-
- Please see the below note from Ottawa Public Health:

- *"For anyone who thinks they may have been exposed to or are experiencing symptoms of COVID-19, please start by visiting the Ministry of Health and Long- Term Care website and taking a self-assessment. Please do not visit an assessment centre unless you have been referred by a health care professional. Do not call 911 unless it is an emergency"*

- **Protocol if a dancer or family member within the facility contracts the virus:**
 - **We will be asking that anyone who has made contact with the infected individual within the past 48 hours, self-isolate for a period of 14 days OR present a negative test result before returning**
 - **If no symptoms after 14 days: we will require dancers or family members to take the self-assessment from the Ministry of Health and Long Term Care website before their return to the studio**
 - **If symptoms occur: we will require dancers or family members to present a negative test result before their return to the studio**
- Any dancer developing cold or flu like symptoms during class time will be isolated a safe distance from other dancers, and a parent or guardian will be notified for pick up immediately.
- **It is mandatory that masks** be worn by **ALL staff and family** members entering the building. Dancers will be required to wear masks when not participating in class (ie. on any breaks). Staff will be permitted the removal of masks when demonstrating/teaching if 6 feet away from any individual.

- *"Members of the public are permitted the temporary removal of a mask where necessary for the purpose of:*

- *receiving services (including eating or drinking when dine-in services are allowed)*

or

- *while actively engaging in an athletic or fitness activity including water based activities" (ottawapublichealth.ca)*

- Visible signage reminding dancers and families about our health and safety protocols will be hung throughout the building as a reminder and to ensure these protocols are being enforced and followed

- All staff members (teachers, assistants, cleaners and desk staff) will be briefed in a meeting prior to the re-opening of the studio to ensure these protocols are understood and enforced

- For the time being, we will **not be accepting any physical payments or registration forms** •

Registration forms, contracts etc: Any documents being submitted must be sent via

email, or done online through our 'Parent Portal'. If you require any assistance with this

please let us know and we would be happy to assist you.

- **Payments:** We will only be accepting debit and credit at the front desk in addition to

EMT payments or Portal payments

***Please note our machine at the studio does not accept MasterCard but our online

portal does***

We thank you for taking the time to acknowledge and respect these protocols. We are committed to the health and safety of our dancers, families and staff members and promise to continue to re-evaluate these protocols on a daily basis. Any changes in Public Health recommendations will be promptly adjusted in our facility. For more resources and information regarding COVID-19 and Phase 3, please see the below. Thank you and we look forward to the safe return of our dance family!

Resources

- **Government of Ontario:** <https://www.ontario.ca/page/how-ontario-is-responding-covid-19>
- **Government of Canada:** https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html?utm_campaign=not-applicable&utm_medium=vanity-url&utm_source=canada-ca_coronavirus
- **Public Health Ontario:** <https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus>
- **World Health Organization:** <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
- **“A Framework for Reopening our Province- Stage 3”:** <https://files.ontario.ca/mof-framework-reopening-province-stage-3-en-2020-07-13.pdf>
- **“Guidance on Health and Safety for Maintenance and Facilities Maintenance Employees During COVID-19”:** <https://www.wspss.ca/WSPS/media/Site/Resources/Downloads/covid-19- maintenance-employees-health-and-safety-guidance.pdf?ext=.pdf>

COVID-19 Liability Release Waiver

The World Health Organization has declared the novel Coronavirus (COVID-19) a worldwide pandemic. Due to its capacity to transmit from person-to-person through respiratory droplets, the government has set recommendations, guidelines, and some prohibitions which XYZ Company, LLC. (the "Organization") adheres to comply.

In consideration of my participation at Creative Edge Dance Academy, the undersigned acknowledge and agree to the following:

- I am aware of the existence of the risk on my physical appearance to the venue and my participation to the activity at Creative Edge Dance Academy that may cause injury or illness such as, but not limited to: Influenza, MRSA, or COVID-19 that may lead to paralysis or death.
- I have not experienced symptoms such as: fever, fatigue, difficulty in breathing, dry cough or exhibiting any other symptoms relating to COVID-19 or any communicable disease within the last 14 days and will not enter the studio with any of the symptoms listed above.
- I have not, nor any member(s) of my household, traveled by sea or by air, internationally within the past 30 days.
- I did not, nor any member of my household, visit any any area within the United States that was reported to be highly affected by COVID-19, in the last 30 days.
- I have not been, nor any member(s) of my household, been diagnosed with the COVID-19 virus within the last 30 days.

Following the pronouncements above I hereby declare the following:

- I am fully and personally responsible for my own safety and actions while and during my participation and I recognize that I may, in any case, be at risk of contracting COVID-19.
- With full knowledge of the risks involved, I hereby release, waive, discharge Creative Edge Dance Academy, employees, and representatives, from any and all liabilities, claims, demands, actions, and causes of action whatsoever, directly or indirectly, arising out of, or related to any loss, damage, injury, or death, that may be sustained by me related to COVID-19 while participating in any activity while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.
- I agree to indemnify, defend, and hold harmless Creative Edge Dance Academy from and against any and all costs, expenses, damages, lawsuits, and/or liabilities or claims arising whether directly or indirectly from or related to any and all claims made by or against any of the released party due to injury, loss, or death from or related to COVID-19.
- I understand that should a second wave of COVID-19 hit and it become necessary to close the facility that all tuition paid will go towards online lessons and all tuition payments are made final and refunds will not be given to dancers over the age of 4.

By signing this waiver, I acknowledge that I have read the foregoing Liability Release Waiver and understand its contents; that I am at least eighteen (18) years old and fully competent to give my consent; That I have been sufficiently informed of the risks involved and give my voluntary consent in signing it as my own free act and deed; that I give my voluntary consent in signing this Liability Release Waiver as my own free act and deed with full intention to be bound by the same, and free from any inducement or representation.

This waiver will remain effective until laws and mandates relevant to COVID-19 are lifted.

Dancer Name

Parent/Guardian Name (Printed)

Parent/Guardian Signature

Date Signed